

Triduum of Prayers: 3 Days of Prayer to Enthroned the Image of the Sacred Heart in the Home.

First Day: To the Heart of Our King, Jesus of Bethlehem

Gather together as a family, a household, a married couple, or just by yourself if such is your situation. Ideally, the father/husband should lead the prayers as the head of the household. Men should be challenged to take on this role!

Make the **Sign of the Cross**.

Scripture reading

Leader: The Third Joyful Mystery, the Birth of Jesus in the Stable at Bethlehem. This mystery centers on the truth of the Incarnation, and our response of worship before Our Lord, Who is indeed God made man. In this mystery, we reflect on Jesus being adored as King by His Mother Mary, His guardian Joseph, the shepherds and the Three Kings. In this mystery, we find the inspiration for our desire to enthrone the image of the Incarnate Redeemer, and for our constant adoration of Him.

A reading from the Holy Gospel according to Luke (Luke 2:1-20) (read by someone other than the leader)

1* In those days a decree went out from Caesar Augustus* that the whole world should be enrolled.² This was the first enrollment, when Quirinius was governor of Syria. ³ So all went to be enrolled, each to his own town.⁴ And Joseph too went up from Galilee from the town of Nazareth to Judea, to the city of David that is called Bethlehem, because he was of the house and family of David, ⁵ to be enrolled with Mary, his betrothed, who was with child. ⁶ While they were there, the time came for her to have her child,⁷ and she gave birth to her firstborn son. She wrapped him in swaddling clothes and laid him in a manger, because there was no room for them in the inn. ⁸ Now there were shepherds in that region living in the fields and keeping the night watch over their flock. ⁹ The angel of the Lord appeared to them and the glory of the Lord shone around them, and they were struck with great fear. ¹⁰ The angel said to them, "Do not be afraid; for behold, I proclaim to you good news of great joy that will be for all the people.¹¹ For today in the city of David a savior has been born for you who is Messiah and Lord.¹² And this will be a sign for you: you will find an infant wrapped in swaddling clothes and lying in a manger."¹³ And suddenly there was a multitude of the heavenly host with the angel, praising God and saying: ¹⁴ "Glory to God in the highest and on earth peace to those on whom his favor rests." ¹⁵ When the angels went away from them to heaven, the shepherds said to one another, "Let us go, then, to Bethlehem to see this thing that has taken place, which the Lord has made known to us."¹⁶ So they went in haste and found Mary and Joseph, and the infant lying in the manger.¹⁷ When they saw this, they made known the message that had been told them about this child.¹⁸ All who heard it were amazed by what had been told them by the shepherds.¹⁹ And Mary kept all these things, reflecting on them in her heart. ²⁰ Then the shepherds returned, glorifying and praising God for all they had heard and seen, just as it had been told to them.

Third Joyful Mystery of the Rosary: The Birth of Jesus in the Stable at Bethlehem. Pray one Our Father, ten Hail Marys, and one Glory Be while meditating on this mystery.

Litany of the Sacred Heart

Leader: Lord, have mercy.

R/. Christ, have mercy.

Leader: Lord, have mercy.

Leader: Christ, hear us.

R/. Christ, graciously hear us.

Leader: God, the Father of Heaven,

R/. Have mercy on us. (*repeat after each invocation*)

Leader: God the Son, Redeemer of the world, ... (Have mercy on us)

Holy Trinity, one God,...

Heart of Jesus, Son of the eternal Father,...

Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother,...

Heart of Jesus, substantially united to the Word of God...

Heart of Jesus, of infinite majesty...

Heart of Jesus, sacred temple of God...

Heart of Jesus, tabernacle of the Most High,...

Heart of Jesus, burning furnace of charity,...

Heart of Jesus, abode of justice and love,...

Heart of Jesus, full of goodness and love,...

Heart of Jesus, abyss of all virtues,...

Heart of Jesus, most worthy of all praise,...

Heart of Jesus, King and center of all hearts,...

Heart of Jesus, in Whom are all the treasures of wisdom and knowledge,...

Heart of Jesus, in Whom dwells the fullness of divinity,...

Heart of Jesus, in Whom the Father was well pleased,...

Heart of Jesus, of Whose fullness we have all received,...

Heart of Jesus, desire of the everlasting hills,...

Heart of Jesus, patient and most merciful,...

Heart of Jesus, enriching all who invoke Thee,...

Heart of Jesus, fountain of life and holiness,...

Heart of Jesus, propitiation for our sins,...

Heart of Jesus, loaded down with opprobrium,...

Heart of Jesus, bruised for our offenses,...

Heart of Jesus, obedient unto death,...

Heart of Jesus, pierced with a lance,...

Heart of Jesus, source of all consolation,...

Heart of Jesus, our life and resurrection,...

Heart of Jesus, our peace and reconciliation,...

Heart of Jesus, victim for sin,...

Heart of Jesus, salvation of those who trust in Thee,...
Heart of Jesus, hope of those who die in Thee,...
Heart of Jesus, delight of all the saints. ...

Leader: Lamb of God, Who takes away the sins of the world,
R/. Spare us, O Lord.

Leader: Lamb of God, Who takes away the sins of the world,
R/. Graciously hear us, O Lord.

Leader: Lamb of God, Who takes away the sins of the world,
R/. Have mercy on us.

Leader: Jesus, meek and humble of Heart,
R/. Make our hearts like unto Thine.

Prayer

Leader: Let us pray. Sacred Heart of Jesus, we salute You, for You are the King of Kings, the Ruler of families and nations. But, sad to say, in many nations You have been dethroned and Your rights rejected. This is mainly because You were first dethroned in many families of which nations are composed.

Loving Master, we want to make up for this insult to Your Divine Majesty by lovingly enthroning You as our King, Like Mary and Joseph, like the shepherds and the Three Kings, we want to give You a royal welcome as they did when they adored You in Your humble home at Bethlehem.

Like them, we have no royal throne to offer You, but we can and we will offer something even more pleasing to You. Your throne will be a living throne, our loyal hearts; your royal crown, our acts of love. O Mary, our Queen, by your loving submission to the will of God in all things, obtain for us the grace never to sadden the Heart of our King by willful disobedience to His Commandments or to those of His Church. May it be said of each of us what the Gospel says of Jesus, 'He was obedient to them.'

Good Saint Joseph, our guardian, help us to make our Enthronement the beginning of a new life of love for us. Through the presence of the Sacred Heart of Jesus, and through your powerful intercession, may we receive the grace to know our King more personally, love Him more ardently, and thus serve Him more faithfully. Amen.

Indulgenced Prayer

All: O Christ Jesus, I acknowledge You to be King of the universe; all that has been made is created by You. Exercise over me all Your sovereign rights. I hereby renew the promises of my Baptism, renouncing Satan and all his pomps and works, and I engage myself to lead henceforth a truly Christian life. And in a special manner do I undertake to bring about the triumph of the rights of God and His Church, so far as in me lies. Divine Heart of Jesus, I offer You my poor actions to obtain the acknowledgement by

every heart of Your sacred kingly power. In such wisdom may the kingdom of Your peace be firmly established throughout all the earth.

Leader: Most Sacred Heart of Jesus
R/. Thy Kingdom come through Mary.

Leader: Sacred Heart of Jesus,
R/. protect our families.

Leader: Immaculate Heart of Mary Queen of Heaven, Queen of Heaven and of our home,
R/. pray for us.

Leader: Saint Joseph, friend of the Sacred Heart,
R/. pray for us.

Leader: Saint Michael, first champion of the Kingship of Christ,
R/. pray for us.

Leader: Guardian Angels,
R/. pray for us.

(optional Hymn: Immaculate Mary - you can find the music on YouTube or another website)

*Immaculate Mary, thy praises we sing;
Who reignest in splendor with Jesus our King.
Ave, Ave, Ave, Maria.
Ave, Ave, Ave, Maria.*

*In Heaven, the blessed thy glory proclaim;
On earth, we thy children invoke thy fair name.
Ave, Ave, Ave, Maria.
Ave, Ave, Ave, Maria.*

*Thy name is our power, thy virtue our light,
Thy love is our comfort, thy pleading our might.
Ave, Ave, Ave, Maria.
Ave, Ave, Ave, Maria.*

*We pray for our mother, the Church upon earth;
And bless, dearest lady, the land of our birth.
Ave, Ave, Ave, Maria.
Ave, Ave, Ave, Maria.*

Note: prayers taken from *The Enthronement of the Sacred Heart of Jesus* published by the Marian Catechist Apostolate (2010)

Second Day: To the Heart of Our Brother, Jesus of Nazareth

Gather together as a family, a household, a married couple, or just by yourself if such is your situation. Ideally, the father/husband should lead the prayers as the head of the household. Men should be challenged to take on this role!

Make the **Sign of the Cross**.

Scripture reading

Leader: The Fifth Joyful Mystery, the Finding of the Child Jesus in the Temple, and His Return to Nazareth. This mystery inspires us to model the life of our family upon the Holy Family as we think of Jesus, the Son of God, living an ordinary life in the little home at Nazareth with Mary and Joseph. The care of Mary and Joseph for Jesus and His obedience to them are models for our relationships within the family as well as with others.

A reading from the Holy Gospel according to Luke (Luke 2:40-52) (read by someone other than the leader)

The child grew and became strong, filled with wisdom; and the favor of God was upon him. Each year his parents went to Jerusalem for the feast of Passover, and when he was twelve years old, they went up according to festival custom. After they had completed its days, as they were returning, the boy Jesus remained behind in Jerusalem, but his parents did not know it. Thinking that he was in the caravan, they journeyed for a day and looked for him among their relatives and acquaintances, but not finding him, they returned to Jerusalem to look for him. After three days they found him in the temple, sitting in the midst of the teachers, listening to them and asking them questions, and all who heard him were astounded at his understanding and his answers.

When his parents saw him, they were astonished, and his mother said to him, "Son, why have you done this to us? Your father and I have been looking for you with great anxiety." And he said to them, "Why were you looking for me? Did you not know that I must be in my Father's house?" But they did not understand what he said to them. He went down with them and came to Nazareth, and was obedient to them; and his mother kept all these things in her heart. And Jesus advanced [in] wisdom and age and favor before God and man.

Fifth Joyful Mystery of the Rosary: The Finding of the Child Jesus in the Temple. Pray one Our Father, ten Hail Marys, and one Glory Be while meditating on this mystery.

Litany of the Sacred Heart

Leader: Lord, have mercy.

R/. Christ, have mercy.

Leader: Lord, have mercy.

Leader: Christ, hear us.

R/. Christ, graciously hear us.

Leader: God, the Father of Heaven,

R/. Have mercy on us. (*repeat after each invocation*)

Leader: God the Son, Redeemer of the world, (Have mercy on us)

Holy Trinity, one God,...

Heart of Jesus, Son of the eternal Father,...

Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother,...

Heart of Jesus, substantially united to the Word of God...

Heart of Jesus, of infinite majesty...

Heart of Jesus, sacred temple of God...

Heart of Jesus, tabernacle of the Most High,...

Heart of Jesus, burning furnace of charity,...

Heart of Jesus, abode of justice and love,...

Heart of Jesus, full of goodness and love,...

Heart of Jesus, abyss of all virtues,...

Heart of Jesus, most worthy of all praise,...

Heart of Jesus, King and center of all hearts,...

Heart of Jesus, in Whom are all the treasures of wisdom and knowledge,...

Heart of Jesus, in Whom dwells the fullness of divinity,...

Heart of Jesus, in Whom the Father was well pleased,...

Heart of Jesus, of Whose fullness we have all received,...

Heart of Jesus, desire of the everlasting hills,...

Heart of Jesus, patient and most merciful,...

Heart of Jesus, enriching all who invoke Thee,...

Heart of Jesus, fountain of life and holiness,...

Heart of Jesus, propitiation for our sins,...

Heart of Jesus, loaded down with opprobrium,...

Heart of Jesus, bruised for our offenses,...

Heart of Jesus, obedient unto death,...

Heart of Jesus, pierced with a lance,...

Heart of Jesus, source of all consolation,...

Heart of Jesus, our life and resurrection,...

Heart of Jesus, our peace and reconciliation,...

Heart of Jesus, victim for sin,...

Heart of Jesus, salvation of those who trust in Thee,...

Heart of Jesus, hope of those who die in Thee,...

Heart of Jesus, delight of all the saints. ...

Leader: Lamb of God, Who takes away the sins of the world,

R/. Spare us, O Lord.

Leader: Lamb of God, Who takes away the sins of the world,
R/. Graciously hear us, O Lord.

Leader: Lamb of God, Who takes away the sins of the world,
R/. Have mercy on us.

Leader: Jesus, meek and humble of Heart,
R/. Make our hearts like unto Thine.

Prayer

Leader: Let us pray. Dear Jesus, Son of God, when we call You 'Brother,' we speak the truth, for You are indeed just that. Saint John told us so when in his Gospel he wrote: "But to as many as received Him, He gave the power of becoming sons of God." Therefore we are Your adopted brothers and sisters and co-heirs of Heaven. But since You are a King, we too, have the privilege of being members of a royal family, as were Mary and Joseph.

How honored will we be to have our Brother-King come to dwell in our humble home in order to share our joys and sorrows! Once You are enthroned in our family, we will understand as never before the meaning of these words, "And the Word was made flesh and dwelt among us." No longer need we envy Mary and Joseph at Nazareth, for Your abiding presence in our home will make our family another Nazareth wherein we will vie with one another in giving You proofs of our love. We will do this especially by the practice of family charity, trying to love each other as You have loved us.

O Mary, Queen of Nazareth, Mother of Jesus, obtain for us the grace to appreciate the presence of your Divine Son enthroned in our home. Grant us a greater love for Jesus ever present in the Blessed Sacrament, a deeper love for Holy Mass, a more ardent longing to unite ourselves as often as possible with our loving Savior in Holy Communion.

Good Saint Joseph, you were privileged to share the joys and sorrows of your foster-Son at Nazareth. Teach us how to share our everyday joys and sorrows with our Brother Jesus here on earth, so that one day our entire family may join Mary and you in sharing the joys of Heaven, where we will see our King and Brother face to face and, with you, love, adore, thank and praise Him for all eternity. Amen.

Indulgenced Prayer

All: O Christ Jesus, I acknowledge You to be King of the universe; all that has been made is created by You. Exercise over me all Your sovereign rights. I hereby renew the promises of my Baptism, renouncing Satan and all his pomps and works, and I engage myself to lead henceforth a truly Christian life. And in a special manner do I undertake to bring about the triumph of the rights of God and His Church, so far as in me lies. Divine Heart of Jesus, I offer You my poor actions to obtain the acknowledgement by every heart of Your sacred kingly power. In such wisdom may the kingdom of Your peace be firmly established throughout all the earth.

Leader: Eucharistic Heart of Jesus,
R/. Thy Kingdom come in our home.

Leader: Our Lady of the Blessed Sacrament,
R/. pray for us.

Leader: Saint Joseph, foster-father of Our Lord Jesus Christ and true spouse of Mary the Virgin,
R/. pray for us.

Leader: Saints Joachim and Anne, parents of the Blessed Virgin Mary,
R/. pray for us.

Leader: Guardian Angels of our family,
R/. pray for us.

(optional Hymn: To Jesus Christ, Our Sov'reign King - you can find the music on YouTube or another website)

*To Jesus Christ, our Sov'reign King,
Who is the world's salvation;
All praise and homage do we bring, And thanks and adoration.*

REFRAIN

*Christ Jesus, Victor! Christ Jesus, Ruler!
Christ Jesus, Lord and Redeemer!*

*Thy reign extend, O King benign,
To ev'ry land and nation;
For in Thy Kingdom, Lord divine,
Alone we find salvation.*

REFRAIN

*To Thee, and to Thy Church, great King,
We pledge our heart's oblation;
Until before Thy throne we sing,
In endless jubilation.*

REFRAIN

*Thy majesty shall be the praise,
And thanks of ev'ry nation;
To Thee the world with joy shall raise,
The voice of exaltation.*

REFRAIN

*May God the Father, God the Son,
And God the Spirit bless us!
Let all the world praise Him alone,
Let solemn awe possess us.*

REFRAIN

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Note: prayers taken from *The Enthronement of the Sacred Heart of Jesus* published by the Marian Catechist Apostolate (2010)

Third Day: To the Heart of Our Friend, Jesus of Bethany

Gather together as a family, a household, a married couple, or just by yourself if such is your situation. Ideally, the father/husband should lead the prayers as the head of the household. Men should be challenged to take on this role!

Make the **Sign of the Cross**.

Leader: In the name of the Father, and of the Son, and of the Holy Spirit.
R/. Amen.

Scripture reading

Leader: The First Glorious Mystery, the Resurrection. Reflecting on this mystery helps us to recognize the living presence of Our Lord with us in the Church, and increases in us the desire to be with Him always. We think of Jesus rising in triumph from the tomb and hear Him promising Martha and Mary that their brother will rise again.

A reading from the Holy Gospel according to John (John 11:1-27) (read by someone other than the leader)

Now a man was ill, Lazarus from Bethany, the village of Mary and her sister Martha.

Mary was the one who had anointed the Lord with perfumed oil and dried his feet with her hair; it was her brother Lazarus who was ill. So the sisters sent word to him, saying, "Master, the one you love is ill."

When Jesus heard this he said, "This illness is not to end in death,^{*} but is for the glory of God, that the Son of God may be glorified through it." Now Jesus loved Martha and her sister and Lazarus. So when he heard that he was ill, he remained for two days in the place where he was. Then after this he said to his disciples, "Let us go back to Judea."

The disciples said to him, "Rabbi, the Jews were just trying to stone you, and you want to go back there?" Jesus answered, "Are there not twelve hours in a day? If one walks during the day, he does not stumble, because he sees the light of this world.

But if one walks at night, he stumbles, because the light is not in him." He said this, and then told them, "Our friend Lazarus is asleep, but I am going to awaken him."

So the disciples said to him, "Master, if he is asleep, he will be saved." But Jesus was talking about his death, while they thought that he meant ordinary sleep. So then Jesus said to them clearly, "Lazarus has died. And I am glad for you that I was not there, that you may believe. Let us go to him." So Thomas, called Didymus,^{*} said to his fellow disciples, "Let us also go to die with him."

When Jesus arrived, he found that Lazarus had already been in the tomb for four days. Now Bethany was near Jerusalem, only about two miles^{*} away. And many of the Jews had come to Martha and Mary to comfort them about their brother.

When Martha heard that Jesus was coming, she went to meet him; but Mary sat at home. Martha said to Jesus, "Lord, if you had been here, my brother would not have died.[But] even now I know that whatever you ask of God, God will give you."

Jesus said to her, "Your brother will rise." Martha said to him, "I know he will rise, in the resurrection on the last day." Jesus told her, "I am the resurrection and the life; whoever believes in me, even if he dies, will live, and everyone who lives and believes in me will never die. Do you believe this?" She said to him, "Yes, Lord. I have come to believe that you are the Messiah, the Son of God, the one who is coming into the world."

First Glorious Mystery of the Rosary: The Resurrection of Our Lord.

Pray one Our Father, ten Hail Marys, and one Glory Be while meditating on this mystery.

Litany of the Sacred Heart

Leader: Lord, have mercy.

R/. Christ, have mercy.

Leader: Lord, have mercy.

Leader: Christ, hear us.

R/. Christ, graciously hear us.

Leader: God, the Father of Heaven,

R/. Have mercy on us. (*repeat after each invocation*)

Leader: God the Son, Redeemer of the world, ... (Have mercy on us)

Holy Trinity, one God,...

Heart of Jesus, Son of the eternal Father,...

Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother,...

Heart of Jesus, substantially united to the Word of God...

Heart of Jesus, of infinite majesty...

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Heart of Jesus, abyss of all virtues,...

Heart of Jesus, most worthy of all praise,...

Heart of Jesus, King and center of all hearts,...

Heart of Jesus, in Whom are all the treasures of wisdom and knowledge,...

Heart of Jesus, in Whom dwells the fullness of divinity,...

Heart of Jesus, in Whom the Father was well pleased,...

Heart of Jesus, of Whose fullness we have all received,...

Heart of Jesus, desire of the everlasting hills,...

Heart of Jesus, patient and most merciful,...

Heart of Jesus, enriching all who invoke Thee,...

Heart of Jesus, fountain of life and holiness,...

Heart of Jesus, propitiation for our sins,...
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Heart of Jesus, victim for sin,...
Heart of Jesus, salvation of those who trust in Thee,...
Heart of Jesus, hope of those who die in Thee,...
Heart of Jesus, delight of all the saints. ...

Leader: Lamb of God, Who takes away the sins of the world,
R/. Spare us, O Lord.

Leader: Lamb of God, Who takes away the sins of the world,
R/. Graciously hear us, O Lord.

Leader: Lamb of God, Who takes away the sins of the world,
R/. Have mercy on us.

Leader: Jesus, meek and humble of Heart,
R/. Make our hearts like unto Thine.

Prayer

Leader: Let us pray. "My Delights are to be with the children of men." These words from the Book of Proverbs were certainly spoken about You, dear Jesus, Who came down to share our exile here below. You delight in being with us because we need You and You are our best Friend. You love all without exception: saints and sinners, the rich and the poor, the learned and the uneducated. You love all races and all peoples, but above all, you love all families. You proved that love by spending thirty years in Your home at Nazareth, and during Your public life, many times You accepted invitations to visit families. You even told Zacchaeus the sinner, "I must stay in thy house today."

But there was one family for whom You had a special love, that of Lazarus, Martha and Mary. How many times did You not stay with that beloved family at Bethany! It was there You found rest and solace after the fatigue of Your labors and the insulting attacks of Your enemies. At Bethany, You were always received as a royal Guest, but also You were treated as a Brother and a Friend.

Dear Jesus, once You are enthroned, we too, want to be Your true friends. We want You to feel at home with us. We will try to console You for those who do not love You. We will serve You like Martha, listen to You like Mary, and thank You as did Lazarus. We feel confident that You will richly bless us as You did the family of Lazarus and all those families who invited You into their homes.

And if there are in this place prodigal sons, lost sheep, sinners dead to the life of grace, we know that You will say to them as You did to Zacchaeus, "Today salvation has come to this house." You will be to them a loving Father, a Good Shepherd, a Divine Physician, for You are "the Resurrection and the Life."

O Mary, Mother of our best Friend, and Saint Joseph our patron, obtain for us the grace to make this place a true Bethany of the Sacred Heart. May our friendship with Jesus be loving, loyal and lasting. May our daily living with our King and our Guest bring about a closer union of hearts, minds and wills so that each of us, united with the heart of Jesus here on earth, may remain united with Him and the Father and the Holy Spirit in our true home, Heaven, for all eternity! Amen.

Indulgenced Prayer

All: O Christ Jesus, I acknowledge You to be King of the universe; all that has been made is created by You. Exercise over me all Your sovereign rights. I hereby renew the promises of my Baptism, renouncing Satan and all his pomps and works, and I engage myself to lead henceforth a truly Christian life. And in a special manner do I undertake to bring about the triumph of the rights of God and His Church, so far as in me lies. Divine Heart of Jesus, I offer You my poor actions to obtain the acknowledgement by every heart of Your sacred kingly power. In such wisdom may the kingdom of Your peace be firmly established throughout all the earth.

Leader: Heart of Jesus, King, Brother and Friend, we welcome You.
R/. Thy Kingdom come.

Leader: Our Lady of the Sacred Heart,
R/. pray for us.

Leader: Saint Joseph, model and patron of lovers of the Sacred Heart,
R/. pray for us.

Leader: Saints Lazarus, Martha and Mary,
R/. pray for us.

Leader: Guardian Angels,
R/. pray for us.

Leader: O Jesus, Friend of little children,
R./ bless the little children of the whole world.

(optional Hymn: *Holy God We Praise Thy Name* - you can find the music on YouTube or another website)

*Holy God, We praise Thy Name
Lord of all, we bow before Thee;
All on earth Thy scepter claim,
All in Heav'n above adore Thee.
Infinite Thy vast domain,
Everlasting is Thy reign.*

*Hark! The louse celestial hymn,
Angel choirs above are raising;
Cherubim and seraphim,
In unceasing chorus praising,
Fill the heav'ns with sweet accord:
Holy, Holy, Holy Lord.
Fill the heav'ns with sweet accord:
Holy, Holy, Holy Lord.*

Note: prayers taken from *The Enthronement of the Sacred Heart of Jesus* published by the Marian Catechist Apostolate (2010)

Having finished the third day or preparation prayers you can now pray the ritual of Enthronement found in pages 9-12 of the January 14 bulletin.

FLOCKNOTE #2

You are invited to Enthroned the Sacred Heart in Your Home!

Dear St. Mary Family,

Please watch the video below. It is about 11 minutes. In this video I am explaining our newest parish initiative (I will also be preaching this message at every Mass this weekend). We will be giving away free images of the Sacred Heart of Jesus and the Immaculate Heart of Mary and we invite you to enthrone these images in your home as a way to ask the Lord for peace in your home, in your family, in your marriage, in your life! (After you watch the video, please see the rest of this email for **The First Day of the Triduum (3 days) of preparation prayers** before doing the enthronement. The prayers for Days 2 and 3 will be sent on those days.

-Thanks and may you find refuge in the Sacred Heart of Jesus and the Immaculate Heart of Mary! Fr. DiTomo

{YouTube video}

Triduum of Prayers: 3 Days of Prayer to Prepare to Enthroned the Image of the Sacred Heart in the Home.

Second Day: To the Heart of Our Brother, Jesus of Nazareth

Gather together as a family, a household, a married couple, or just by yourself if such is your situation. Ideally, the father/husband should lead the prayers as the head of the household. Men should be challenged to take on this role!

Make the **Sign of the Cross**.

Scripture reading

Leader: The Fifth Joyful Mystery, the Finding of the Child Jesus in the Temple, and His Return to Nazareth. This mystery inspires us to model the life of our family upon the Holy Family as we think of Jesus, the Son of God, living an ordinary life in the little home at Nazareth with Mary and Joseph. The care of Mary and Joseph for Jesus and His obedience to them are models for our relationships within the family as well as with others.

A reading from the Holy Gospel according to Luke (Luke 2:40-52) (read by someone other than the leader)

The child grew and became strong, filled with wisdom; and the favor of God was upon him. Each year his parents went to Jerusalem for the feast of Passover, and when he was twelve years old, they went up according to festival custom. After they had completed its days, as they were returning, the boy Jesus remained behind in

Jerusalem, but his parents did not know it. Thinking that he was in the caravan, they journeyed for a day and looked for him among their relatives and acquaintances, but not finding him, they returned to Jerusalem to look for him. After three days they found him in the temple, sitting in the midst of the teachers, listening to them and asking them questions, and all who heard him were astounded at his understanding and his answers.

When his parents saw him, they were astonished, and his mother said to him, "Son, why have you done this to us? Your father and I have been looking for you with great anxiety." And he said to them, "Why were you looking for me? Did you not know that I must be in my Father's house?" But they did not understand what he said to them.

He went down with them and came to Nazareth, and was obedient to them; and his mother kept all these things in her heart. And Jesus advanced [in] wisdom and age and favor before God and man.

Fifth Joyful Mystery of the Rosary: The Finding of the Child Jesus in the Temple. Pray one Our Father, ten Hail Marys, and one Glory Be while meditating on this mystery.

Litany of the Sacred Heart

Leader: Lord, have mercy.

R/. Christ, have mercy.

Leader: Lord, have mercy.

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Leader: God, the Father of Heaven,

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Heart of Jesus, sacred temple of God...

Heart of Jesus, tabernacle of the Most High,...

Heart of Jesus, burning furnace of charity,...

Heart of Jesus, abode of justice and love,...

Heart of Jesus, full of goodness and love,...

Heart of Jesus, abyss of all virtues,...

Heart of Jesus, most worthy of all praise,...

Heart of Jesus, King and center of all hearts,...

Heart of Jesus, in Whom are all the treasures of wisdom and knowledge,...

Heart of Jesus, in Whom dwells the fullness of divinity,...

Heart of Jesus, in Whom the Father was well pleased,...

Heart of Jesus, of Whose fullness we have all received,...
Heart of Jesus, desire of the everlasting hills,...
Heart of Jesus, patient and most merciful,...
Heart of Jesus, enriching all who invoke Thee,...
Heart of Jesus, fountain of life and holiness,...
Heart of Jesus, propitiation for our sins,...
Heart of Jesus, loaded down with opprobrium,...
Heart of Jesus, bruised for our offenses,...
Heart of Jesus, obedient unto death,...
Heart of Jesus, pierced with a lance,...
Heart of Jesus, source of all consolation,...
Heart of Jesus, our life and resurrection,...
Heart of Jesus, our peace and reconciliation,...
Heart of Jesus, victim for sin,...
Heart of Jesus, salvation of those who trust in Thee,...
Heart of Jesus, hope of those who die in Thee,...
Heart of Jesus, delight of all the saints. ...

Leader: Lamb of God, Who takes away the sins of the world,
R/. Spare us, O Lord.

Leader: Lamb of God, Who takes away the sins of the world,
R/. Graciously hear us, O Lord.

Leader: Lamb of God, Who takes away the sins of the world,
R/. Have mercy on us.

Leader: Jesus, meek and humble of Heart,
R/. Make our hearts like unto Thine.

Prayer

Leader: Let us pray. Dear Jesus, Son of God, when we call You 'Brother,' we speak the truth, for You are indeed just that. Saint John told us so when in his Gospel he wrote: "But to as many as received Him, He gave the power of becoming sons of God." Therefore we are Your adopted brothers and sisters and co-heirs of Heaven. But since You are a King, we too, have the privilege of being members of a royal family, as were Mary and Joseph.

How honored will we be to have our Brother-King come to dwell in our humble home in order to share our joys and sorrows! Once You are enthroned in our family, we will understand as never before the meaning of these words, "And the Word was made flesh and dwelt among us." No longer need we envy Mary and Joseph at Nazareth, for Your abiding presence in our home will make our family another Nazareth wherein we will vie with one another in giving You proofs of our love. We will do this especially by the practice of family charity, trying to love each other as You have loved us.

O Mary, Queen of Nazareth, Mother of Jesus, obtain for us the grace to appreciate the presence of your Divine Son enthroned in our home. Grant us a greater love for Jesus ever present in the Blessed Sacrament, a deeper love for Holy Mass, a more ardent longing to unite ourselves as often as possible with our loving Savior in Holy Communion.

Good Saint Joseph, you were privileged to share the joys and sorrows of your foster-Son at Nazareth. Teach us how to share our everyday joys and sorrows with our Brother Jesus here on earth, so that one day our entire family may join Mary and you in sharing the joys of Heaven, where we will see our King and Brother face to face and, with you, love, adore, thank and praise Him for all eternity. Amen.

Indulgenced Prayer

All: O Christ Jesus, I acknowledge You to be King of the universe; all that has been made is created by You. Exercise over me all Your sovereign rights. I hereby renew the promises of my Baptism, renouncing Satan and all his pomps and works, and I engage myself to lead henceforth a truly Christian life. And in a special manner do I undertake to bring about the triumph of the rights of God and His Church, so far as in me lies. Divine Heart of Jesus, I offer You my poor actions to obtain the acknowledgement by every heart of Your sacred kingly power. In such wisdom may the kingdom of Your peace be firmly established throughout all the earth.

Leader: Eucharistic Heart of Jesus,
R/. Thy Kingdom come in our home.

Leader: Our Lady of the Blessed Sacrament,
R/. pray for us.

Leader: Saint Joseph, foster-father of Our Lord Jesus Christ and true spouse of Mary the Virgin,
R/. pray for us.

Leader: Saints Joachim and Anne, parents of the Blessed Virgin Mary,
R/. pray for us.

Leader: Guardian Angels of our family,
R/. pray for us.

(optional Hymn: To Jesus Christ, Our Sov'reign King - you can find the music on YouTube or another website)

*To Jesus Christ, our Sov'reign King,
Who is the world's salvation;
All praise and homage do we bring, And thanks and adoration.*
REFRAIN

*Christ Jesus, Victor! Christ Jesus, Ruler!
Christ Jesus, Lord and Redeemer!*

*Thy reign extend, O King benign,
To ev'ry land and nation;
For in Thy Kingdom, Lord divine,
Alone we find salvation.*

REFRAIN

*To Thee, and to Thy Church, great King,
We pledge our heart's oblation;
Until before Thy throne we sing,
In endless jubilation.*

REFRAIN

*Thy majesty shall be the praise,
And thanks of ev'ry nation;
To Thee the world with joy shall raise,
The voice of exaltation.*

REFRAIN

*May God the Father, God the Son,
And God the Spirit bless us!
Let all the world praise Him alone,
Let solemn awe possess us.*

REFRAIN

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Note: prayers taken from *The Enthronement of the Sacred Heart of Jesus* published by the Marian Catechist Apostolate (2010)

Tomorrow we will send the prayers for the Third and final Day of the Triduum. After the third day, you can pray the ritual of Enthronement found in pages 9-12 of the January 14 bulletin.

FLOCKNOTE #3

{link to YouTube Live Stream of Sunday Mass}

Dear St. Mary Family,

On Friday, I sent a Flocknote about our new initiative for our parishioners to **Enthroned the image of the Sacred Heart of Jesus** (and the Immaculate Heart of Mary) in our homes. Hopefully, you saw my video. If not, I will post it again at the end of this email. In yesterday's Flocknote I also sent the Second Day of the Triduum (3 Days) Preparation Prayers. Please pray these prayers so that you are more ready to do the Enthronement of the images in your home. So, here are the final Preparation Prayers for Day 3! -Fr. DiTomo

Triduum of Prayers: 3 Days of Prayer to Prepare to Enthroned the Image of the Sacred Heart in the Home.

Third Day: To the Heart of Our Friend, Jesus of Bethany

Gather together as a family, a household, a married couple, or just by yourself if such is your situation. Ideally, the father/husband should lead the prayers as the head of the household. Men should be challenged to take on this role!

Make the **Sign of the Cross**.

Leader: In the name of the Father, and of the Son, and of the Holy Spirit.
R/. Amen.

Scripture reading

Leader: The First Glorious Mystery, the Resurrection. Reflecting on this mystery helps us to recognize the living presence of Our Lord with us in the Church, and increases in us the desire to be with Him always. We think of Jesus rising in triumph from the tomb and hear Him promising Martha and Mary that their brother will rise again.

A reading from the Holy Gospel according to John (John 11:1-27) (read by someone other than the leader)

Now a man was ill, Lazarus from Bethany, the village of Mary and her sister Martha.

Mary was the one who had anointed the Lord with perfumed oil and dried his feet with her hair; it was her brother Lazarus who was ill. So the sisters sent word to him, saying, "Master, the one you love is ill."

When Jesus heard this he said, "This illness is not to end in death,^{*} but is for the glory of God, that the Son of God may be glorified through it." Now Jesus loved Martha and her sister and Lazarus. So when he heard that he was ill, he remained for two days in the place where he was. Then after this he said to his disciples, "Let us go back to Judea."

The disciples said to him, "Rabbi, the Jews were just trying to stone you, and you want to go back there?" Jesus answered, "Are there not twelve hours in a day? If one walks during the day, he does not stumble, because he sees the light of this world.

But if one walks at night, he stumbles, because the light is not in him." He said this, and then told them, "Our friend Lazarus is asleep, but I am going to awaken him."

So the disciples said to him, "Master, if he is asleep, he will be saved." But Jesus was talking about his death, while they thought that he meant ordinary sleep. So then Jesus said to them clearly, "Lazarus has died. And I am glad for you that I was not there, that you may believe. Let us go to him." So Thomas, called Didymus,* said to his fellow disciples, "Let us also go to die with him."

When Jesus arrived, he found that Lazarus had already been in the tomb for four days. Now Bethany was near Jerusalem, only about two miles* away. And many of the Jews had come to Martha and Mary to comfort them about their brother.

When Martha heard that Jesus was coming, she went to meet him; but Mary sat at home. Martha said to Jesus, "Lord, if you had been here, my brother would not have died.[But] even now I know that whatever you ask of God, God will give you."

Jesus said to her, "Your brother will rise." Martha said to him, "I know he will rise, in the resurrection on the last day." Jesus told her, "I am the resurrection and the life; whoever believes in me, even if he dies, will live, and everyone who lives and believes in me will never die. Do you believe this?" She said to him, "Yes, Lord. I have come to believe that you are the Messiah, the Son of God, the one who is coming into the world."

First Glorious Mystery of the Rosary: The Resurrection of Our Lord.

Pray one Our Father, ten Hail Marys, and one Glory Be while meditating on this mystery.

Litany of the Sacred Heart

Leader: Lord, have mercy.

R/. Christ, have mercy.

Leader: Lord, have mercy.

Leader: Christ, hear us.

R/. Christ, graciously hear us.

Leader: God, the Father of Heaven,

R/. Have mercy on us. (*repeat after each invocation*)

Leader: God the Son, Redeemer of the world, (Have mercy on us)

Holy Trinity, one God,...

Heart of Jesus, Son of the eternal Father,...

Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother,...

Heart of Jesus, substantially united to the Word of God...

Heart of Jesus, of infinite majesty...

Heart of Jesus, sacred temple of God...
Heart of Jesus, tabernacle of the Most High,...
Heart of Jesus, burning furnace of charity,...
Heart of Jesus, abode of justice and love,...
Heart of Jesus, full of goodness and love,...
Heart of Jesus, abyss of all virtues,...
Heart of Jesus, most worthy of all praise,...
Heart of Jesus, King and center of all hearts,...
Heart of Jesus, in Whom are all the treasures of wisdom and knowledge,...
Heart of Jesus, in Whom dwells the fullness of divinity,...
Heart of Jesus, in Whom the Father was well pleased,...
Heart of Jesus, of Whose fullness we have all received,...
Heart of Jesus, desire of the everlasting hills,...
Heart of Jesus, patient and most merciful,...
Heart of Jesus, enriching all who invoke Thee,...
Heart of Jesus, fountain of life and holiness,...
Heart of Jesus, propitiation for our sins,...
Heart of Jesus, loaded down with opprobrium,...
Heart of Jesus, bruised for our offenses,...
Heart of Jesus, obedient unto death,...
Heart of Jesus, pierced with a lance,...
Heart of Jesus, source of all consolation,...
Heart of Jesus, our life and resurrection,...
Heart of Jesus, our peace and reconciliation,...
Heart of Jesus, victim for sin,...
Heart of Jesus, salvation of those who trust in Thee,...
Heart of Jesus, hope of those who die in Thee,...
Heart of Jesus, delight of all the saints. ...

Leader: Lamb of God, Who takes away the sins of the world,
R/. Spare us, O Lord.

Leader: Lamb of God, Who takes away the sins of the world,
R/. Graciously hear us, O Lord.

Leader: Lamb of God, Who takes away the sins of the world,
R/. Have mercy on us.

Leader: Jesus, meek and humble of Heart,
R/. Make our hearts like unto Thine.

Prayer

Leader: Let us pray. "My Delights are to be with the children of men." These words from the Book of Proverbs were certainly spoken about You, dear Jesus, Who came down to share our exile here below. You delight in being with us because we need You and You are our best Friend. You love all without exception: saints and sinners, the rich and the

poor, the learned and the uneducated. You love all races and all peoples, but above all, you love all families. You proved that love by spending thirty years in Your home at Nazareth, and during Your public life, many times You accepted invitations to visit families. You even told Zacchaeus the sinner, "I must stay in thy house today."

But there was one family for whom You had a special love, that of Lazarus, Martha and Mary. How many times did You not stay with that beloved family at Bethany! It was there You found rest and solace after the fatigue of Your labors and the insulting attacks of Your enemies. At Bethany, You were always received as a royal Guest, but also You were treated as a Brother and a Friend.

Dear Jesus, once You are enthroned, we too, want to be Your true friends. We want You to feel at home with us. We will try to console You for those who do not love You. We will serve You like Martha, listen to You like Mary, and thank You as did Lazarus. We feel confident that You will richly bless us as You did the family of Lazarus and all those families who invited You into their homes.

And if there are in this place prodigal sons, lost sheep, sinners dead to the life of grace, we know that You will say to them as You did to Zacchaeus, "Today salvation has come to this house." You will be to them a loving Father, a Good Shepherd, a Divine Physician, for You are "the Resurrection and the Life."

O Mary, Mother of our best Friend, and Saint Joseph our patron, obtain for us the grace to make this place a true Bethany of the Sacred Heart. May our friendship with Jesus be loving, loyal and lasting. May our daily living with our King and our Guest bring about a closer union of hearts, minds and wills so that each of us, united with the heart of Jesus here on earth, may remain united with Him and the Father and the Holy Spirit in our true home, Heaven, for all eternity! Amen.

Indulgenced Prayer

All: O Christ Jesus, I acknowledge You to be King of the universe; all that has been made is created by You. Exercise over me all Your sovereign rights. I hereby renew the promises of my Baptism, renouncing Satan and all his pomps and works, and I engage myself to lead henceforth a truly Christian life. And in a special manner do I undertake to bring about the triumph of the rights of God and His Church, so far as in me lies. Divine Heart of Jesus, I offer You my poor actions to obtain the acknowledgement by every heart of Your sacred kingly power. In such wisdom may the kingdom of Your peace be firmly established throughout all the earth.

Leader: Heart of Jesus, King, Brother and Friend, we welcome You.
R/. Thy Kingdom come.

Leader: Our Lady of the Sacred Heart,
R/. pray for us.

Leader: Saint Joseph, model and patron of lovers of the Sacred Heart,
R/. pray for us.

Leader: Saints Lazarus, Martha and Mary,
R/. pray for us.

Leader: Guardian Angels,
R/. pray for us.

Leader: O Jesus, Friend of little children,
R./ bless the little children of the whole world.

(optional Hymn: *Holy God We Praise Thy Name* - you can find the music on YouTube or another website)

*Holy God, We praise Thy Name
Lord of all, we bow before Thee;
All on earth Thy scepter claim,
All in Heav'n above adore Thee.
Infinite Thy vast domain,
Everlasting is Thy reign.*

*Hark! The louse celestial hymn,
Angel choirs above are raising;
Cherubim and seraphim,
In unceasing chorus praising,
Fill the heav'ns with sweet accord:
Holy, Holy, Holy Lord.
Fill the heav'ns with sweet accord:
Holy, Holy, Holy Lord.*

Note: prayers taken from *The Enthronement of the Sacred Heart of Jesus* published by the Marian Catechist Apostolate (2010)

Having finished the third day or preparation prayers you can now pray the ritual of Enthronement found in pages 9-12 of the January 14 bulletin.

{Insert to link to YouTube video: <https://youtu.be/nXFSmPv39sk?si=1DyYS-UwxnHMhPE1> }